Nominess FIT bill in record Awards

December's fourth edition expanded to 18 categories



Fit and trim: Winners from last year's edition celebrate with their awards.

By Staff Reporter > @Sport360

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The nominees for next month's FIT Awards have been announced with the winners to be honoured during a glittering ceremony at the Hilton Dubai Jumeirah.

Now in its fourth edition, the event, organised by *Sport360°* and supported by Daman's Activelife and REPS UAE, has become a key date on the calendar as it serves to recognise and reward those that have excelled in the health and fitness industry over the last 12 months.

This year's awards has a record of 18 categories, one more than last year, and in an industry that is booming in the country with more than 2,500 registered professionals across more than 160 venues, it was no surprise to see the FIT Awards receive the highest number of submissions ever.

The finalists, whose submissions

"We have witnessed the FIT Awards grow from strength to strength" - Farid

will go through a rigid process overseen by an expert panel of judges, will learn their fate during the awards ceremony on Wednesday, December 6.

Public voting for the Fitness Brand of the Year and Health Food Operator of the Year is now open on the *Sport360*° website.

Catherine Hanson Farid, director of operations at REPS, said: "REPS UAE is proud to be a part of the UAE FIT Awards for the fourth year running, recognising those making a positive contribution to the health and wellness of the UAE.

"We have witnessed the FIT Awards grow from strength to strength with an increase in submissions from all categories as well as the standard of submissions, making the judges job a difficult one. REPs is also excited for the gala event on December 6, which is a celebratory evening bringing the fitness industry together to applaud and acknowledge the dedication and achievements of encouraging people to exercise and reach their health and fitness goals. Everyone attending is a winner."

Daman regularly supports a number of health and fitness initiatives and their chief commercial officer Sven Rohte said: "Daman are proud to support the 2017 edition of The FIT Awards.

"It recognises outstanding individuals that contribute to our objective of creating healthier communities across the country. Recognising these ambassadors of change will inspire others in the fitness industry to be as remarkable as they have been in encouraging people of different abilities to lead healthier more active lifestyles."

Tickets can be reserved by emailing fitawards@sport360.com.

2017 finalists

Individual Categories

Personal Trainer of the Year - Male

Alex Dovhanynets Danny Cordero Gilbert Dougherty Ivan Cirkovic Meddy Boudad Michael Poole Nicky Holland Robert Forster

Personal Trainer of the Year - Female

Anna Holmes Barbara Boing Charlotte Mathers Dani Calvert Derryn Brown Rhian Adams Rowena Karaman Smitha Thomas

Instructor of the Year - Group

Dana Fabro
Nikola Vjinovic
Nour Mansour
Rick Bhullar
Stefani Bertoncini

Instructor of the Year - Pilates/Yoga

Cloe Sommadossi Dora Ferko Liz Marshall Ningthoujam Robindro Singh Paul Thornley Rowena Lim Walid Tebarki

Fitness Manager of the Year

Andre Ferreira
Andy Meech
David Nascimento
James Sidhu
Rodante Macawile
Ruzzellini Tamayo

General/Club Manager of the Year

Bebz Aurelio-Balagas Laura Olivier Michelle Scott Nikesh Naik Tim Dorrington Vishaak Kumar

Rising Star of the Year

Amandio Costa Jakub Dvoracek Ketija Line Nasha Sarkari

Male Fitness Influencer of the Year Jakub Dvoracek

Jonny Young Leon Douglas Nicolas St-Maurice Peter Barron **Female Fitness In**

Female Fitness Influencer of the Year

Ghida Arnaout Jennifer Chalouhi Karen Mattar Raha Moharrak Salma Ismail Zena Habi

Business/Facility Categories

Facility of the Year upto 2,000 Members Arabian Ranches – Fitness First

Arabian Ranches – Fitness First Bawabat Al Sharq Mall – Fitness First Business Bay - Vision Tower – Fitness First DEFINE Body and Mind

Fit Lab Emirates Golf Club

Mudon Athletic Club – Fitness First Real Pilates Smart Fitness Talise Fitness – Madinat Jumeirah TK MMA & Fitness

Facility of the Year 2,001+ members

Dubai Media City – Fitness First Gold's Gym – Al Barsha Mall Ibn Battuta Mall - Fitness First Motor City – Fitness First Talise Fitness – JBH Train Strenoth & Fitness

Ladies Only Facility of the Year

Al Seef Village Mall – Fitness First Gold's Gym Etihad Mall Hill Mall – Fitness First Oasis Centre – Fitness First Sahara Centre Shariah – Fitness First

Yoga/Pilates Studio of the Year

Flywheel Mudon Athletic Club - Fitness First Pilates Academy Real Pilates

Fitness Brand of the Year

Adidas Runners
Advantage Sports UAE
CycleBar
Fitness First
FitonClick
Gold's Gym
GreenTea X50
Ignite
New Balance
Pinnacle Performance Dubai
Real Pilates
Reebok
Train Strength & Fitness

Health Food Operator of the Year

Fuel-Up MySixPak Pura

Product/Retail or Brand Actiation of the Year

6D by Fitness First Adidas – Ultra Boost X Launch Emirates NBD – Beach Soccer Inetrcontinental Cup Just Play MastersSwin by Fitness First Simple Café TRICLUB by Fitness First triFIRST by Fitness First

Best Use of Social Media for Health

Goal Digger – Fitness First Mind Your Body – Gold's Gym Ramadan – Fitness First Switch360 – SwitchDXB #BEPARTOFIT – TK MMA & Fitness Unleash – Fitness First

Fitness Work Environment of the Year

DEWA Etisalat Fitness First Middle East KHDA The Hundred Wellness Centre

Fitness Training Provider of the Year

Empiric UAE FIT First Class IQ Lifestyle Mefitpro Pilates Academy Real Pilates The Academy by Fitness First Middle East

The Academy by Fitness First Middle Eas

